



# **Keeping Bodies in Motion**

*by Michael E. Feign, D.O.*

## **CANDIDATES FOR HIP REPLACEMENT**

While osteoarthritis is the most common reason for total



hip replacement (THR), the surgery can relieve chronic hip pain stemming from rheumatoid arthritis, bone tumors, and other underlying causes. More women than men fit the criteria for THR. The two clearest indicators are advanced age and long-term obesity. On the other hand, a large-scale, long-term population study does not indicate any association between THR and recreational physical ability, smoking, alcohol use, or hormone replacement therapy. Heart disease and diabetes do not present obstacles to undergoing the procedure, and THR may even be performed on patients with bone quality and density that are significantly compromised by osteoporosis. THR is less often used for hip fractures.

Your orthopaedist can determine if you are a candidate for total hip replacement. To find out if you could benefit from this procedure make an appointment to discuss your situation. For further information, phone FRONT RANGE ORTHOPAEDICS at (719) 473-3332. We are conveniently located at 175 South Union, Suite 200.

P.S. Hip fractures are often repaired with plates, screws, and pins.